

The park's gone



Hog Wild!

Race begins at 1911 S. Lawrence Ave. Lkpt.

PRST STD
U.S Postage
PAID
Lockport, IL
Permit No. 125

Challenge Fitness
Lockport Township Park District
2021 S. Lawrence Avenue
Lockport, IL 60441



*5K Race/
Fitness Walk &
Pig Roast*

Dellwood Park

June 21, 2008

Sponsored by:
Harris Bank



*Come out & jog &
eat like a hog!*



Race Day Schedule

6:30 – 7:45 am	Registration
8:00 am	Race/Walk Starts
9:00 am	Youth Mile
9:05 am	Dellwood Dash
9:15 am	Post Race Party/Awards

5K Run/Fitness Walk

The terrain consists of a few hills on paved roads, crushed stone and paved trails, through scenic Dellwood Park. Accurately marked and measured. Mile splits, police escort & water stations. Electronically timed finish line.

Certified Course #IL94025JW

FEES: \$20.00 pre-race
\$25.00 race day

Fee includes t-shirt, pig roast, entry in the raffle.

Youth Mile

Awards will be given to the 1st & 2nd place winners in the following categories:

6 & under
7-8 years old
9-10 years old

FEES: \$10 Pre-race
\$15 Race day

Fee includes t-shirt, pig roast, entry in the raffle.

Dellwood Dash

FREE - 100 Meter Dash
Ages: 6 & under

Awards

5K Race

First Overall Male/Female
First Master (40 & older) Male/Female
Top two finishers in each age division

5K Fitness Walk

First Overall Male/Female
First Master (40 & older) Male/Female

5K Race Award Categories

10 & under	40 – 44
11 – 14	45 – 49
15 – 19	50 – 54
20 – 24	55 – 59
25 – 29	60 – 64
30 – 34	65 & up
35 – 39	

Convenient Registration

Class Code: 234OC128
Phone: (815) 838-3621 ext. 101
Fax: (815) 834-4278
Web: www.lockportpark.org or active.com

Mail to: CHALLENGE FITNESS
2021 S. Lawrence Avenue
Lockport, IL 60441

Pre-race registration deadline
6/18/08 5:00 pm

 register online for
part of the **active** NETWORK thousands of events and activities



All Fees are Non-Refundable

All 5k Race/Walk & Youth Mile participants are automatically entered into raffle.

Old Canal Days 5K Race

June 21, 2008

	(6/18/08 5:00pm)	6/19/08 to
	Pre- Race	Race Day
<input type="checkbox"/>	5K Race \$20	\$25
<input type="checkbox"/>	5K Walk \$20	\$25
<input type="checkbox"/>	Youth Mile \$10	\$15

LAST NAME

FIRST NAME

STREET ADDRESS

CITY

STATE

ZIP

PHONE NUMBER

DATE OF BIRTH

AGE (as of 6-21-08)

GENDER

CREDIT CARD #

V CODE #

EXP. DATE

- Cash
- Check
- American Express
- Discover
- MasterCard
- Visa

T-Shirt Size

- YM
- YL
- Small
- Medium
- Large
- X-Large
- XX-Large

I, the undersigned, hereby for myself, my heirs, executors and administrators, waive and release any and all claims I may have against Lockport Township Park District, its officers, employees, agents, volunteers, successors, assigns, race sponsors, for any and all injuries, including death, which I may suffer in this event, including pre-race and post-race activities. I attest and verify that I am aware of, and assume all risks and am physically fit and have sufficiently trained for this event. I hereby grant permission for the use of any and all photos of this event in which I may appear, and waive compensation for such use.

Signature (parent if under 18)